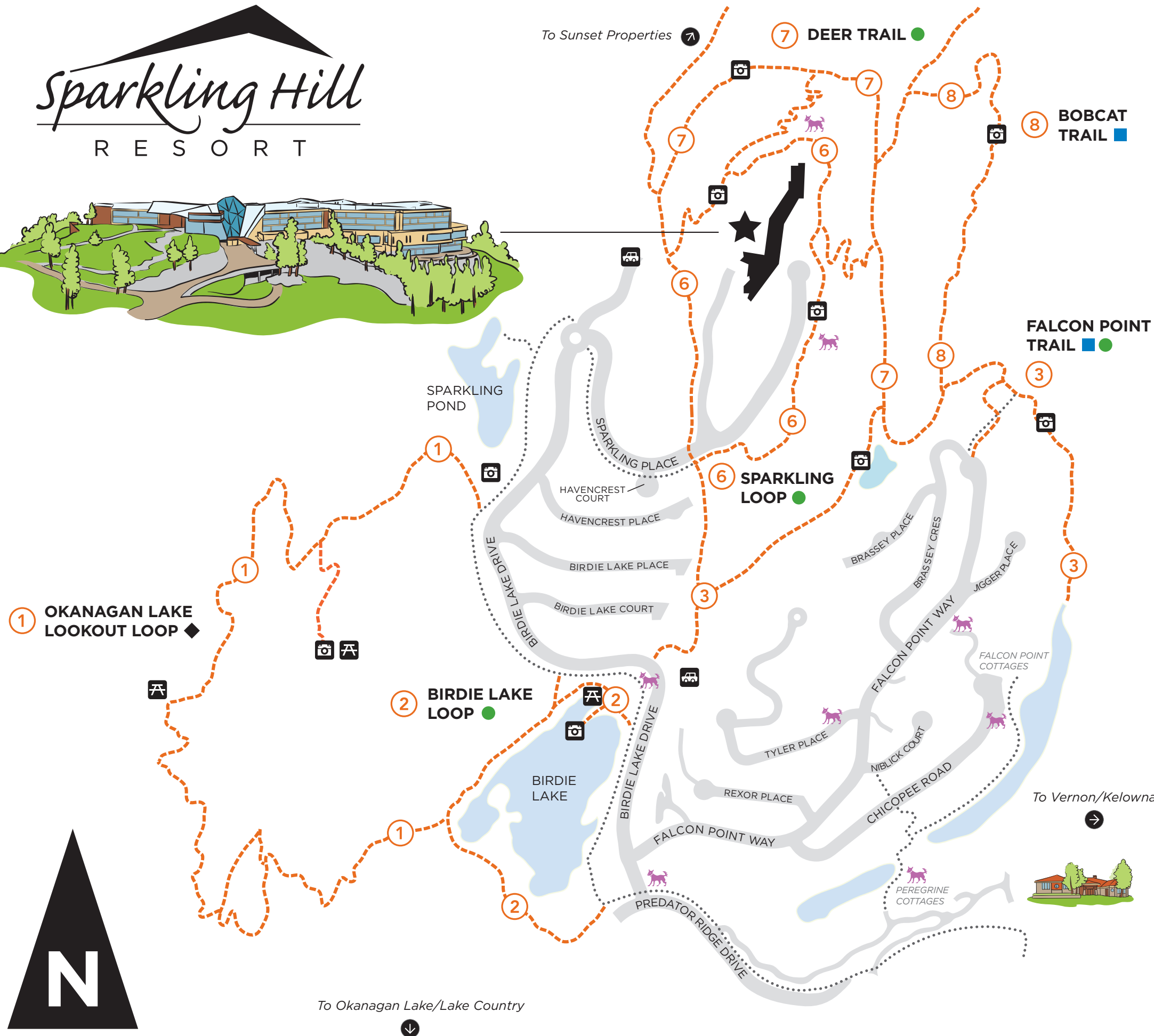


Sparkling Hill RESORT



TRAIL MAP LEGEND

- Paved Walking Path
- Walking Trails*
- Doggy Station
- Lookout
- Parking
- Picnic Site
- Easy Trails
- Intermediate Trails
- ◆ Difficult Trails

*Accessible in winter but may be ungroomed.

TRAIL SYSTEM

- 1 OKANAGAN LAKE LOOKOUT LOOP**
◆ | 3 km | Walking Time: 80 min.
- 2 BIRDIE LAKE LOOP**
● | 1 km | Walking Time: 25 min.
- 3 FALCON POINT TRAIL**
■ ● | 1.4 km | Walking Time: 35 min.
- 6 SPARKLING LOOP**
● | 1.2 km | Walking Time: 30 min.
- 7 DEER TRAIL**
● | 0.8 km | Walking Time: 20 min.
- 8 BOBCAT TRAIL**
■ | 0.9 km | Walking Time: 20 min.



A Remarkable Location

Nature and Adventure

Let nature be a part of your journey to whole body health and wellness. Our Sparkling Hill Wellness Program offers various outdoor experiences that will benefit your body and soul. Whether you choose a guided hike on one of many trails within this wild and natural landscape, or a more active pursuit such as skiing or golfing, you will enjoy the fresh clean air and a health-giving experience as you explore this land.

Sparkling Hill Resort is surrounded by an abundance of flora and fauna. From the first glorious balsamroot sunflower in the springtime to the last sagebrush flower in the autumn, the plants of this area are a fascinating study for the careful observer. Deer, bald eagles and hawks are a common sighting all around Sparkling Hill Resort. Landscaped by nature's own design, with awe-inspiring views from its spectacular location high on a ridge above legendary Lake Okanagan; indeed this is a very special place to discover.

Trails

The visual drama of the stunning Monashee and Pinnacle Mountains and the azure waters of Lake Okanagan sets the stage for an outstanding network of walking trails around Sparkling Hill Resort.

Its setting on a rugged ridge has a placid and pristine natural beauty that is truly nature's perfection. Explore the labyrinth of well-marked hiking trails and interpretive walks on your own or with a guide—it's freedom for your body, mind and spirit.

The trails, surrounding Sparkling Hill Resort, vary in distance and difficulty—from short and easy, to more challenging. Our experienced nature guides can assist you with various activities including pole walking to increase your cardio and improve muscle tone, and can also prepare you for a longer expedition of the area by providing maps and information.

An opportunity for adventure and revelry in nature's great escape awaits!

Wildlife

The Predator Ridge/Commonage Road area is a well-known wildlife habitat. On a journey to Sparkling Hill, it's common to see birds of prey riding effortlessly on thermal currents, and Red Painted turtles sunning themselves on large rocks at Birdie Lake. Spotting wildlife is one of the great pleasures of a stay at Sparkling Hill Resort.

In excess of 120 species of birds are recorded here each year, making this an important bird watching location in the region. Raptors such as the Bald eagle, Red-tailed hawk, American Kestrel and Osprey can be spotted throughout the summer at the resort while Rough-legged hawks are winter visitors to the area. Sharp-shinned and Cooper's hawks are often seen hunting in the nearby forest while the Great Horned and Northern Saw-whet owls are heard at night stalking their prey.

During the spring migration, many duck species move throughout the nearby Predator Ridge golf course and various ponds in the area. Regular visitors include the American Wigeon; Mallard, Blue-winged, Green-winged and Cinnamon Teal; Northern Shoveler; Canvasback, Redhead, Ring-necked, Lesser Scaup, Bufflehead, Common and Barrow's Goldeneyes, Ruddy duck as well as Hooded and Common Mergansers.

Summer visitors of interest include Western and Mountain bluebirds, Evening Grosbeak, Western meadowlarks and Bullock's orioles.

Common nighthawks are seen and distinctively heard nightly from Sparkling Hill Resort deck areas while during the day, permanent residents like the Pileated woodpecker, Pygmy nuthatch, Pine Siskin and Mountain and Black-capped chickadees are seen around the feeding stations.

Other wildlife for your watchful eye...

Mule and White Tail deer are very common in the area and can often be seen on the Sparkling Hill hiking trails and Predator Ridge golf course. The Red Painted turtles are commonly found in the local ponds and can easily be observed on logs and rocks.

Coyotes are often heard at night and seen at a distance year-round. Bobtail, Black bear and cougars are present in the area but are very elusive, and only occasionally lucky visitors will report a sighting.

Yellow-bellied marmots, chipmunks and the odd Long-tailed weasel live in the rock walls surrounding Sparkling Hill—they promise sightings for all visitors!



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