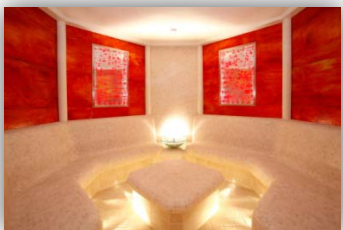


# Saunas and Steam Rooms



## **Aqua Meditation** | 30°C

A gentle stream of water falling from the ceiling, softly, like a spring rain, pools into a large Swarovski crystal basin. The subdued light highlights the soothing gray/purple leather-like seating as calming music and orange essence create a restful environment for you to escape to a blissful state.



## **Rose (Steam)** | 38°C

The sweet scent of roses surrounds you in this wonderful fragrant steam, where heated wall tiles embedded with rose petals gently release the rose-infused aromas. This luxurious sauna creates a romantic ambiance that lifts spirits and balances moods.



## **Salt (Steam)** | 40°C

Enhance your concentration capacity, slow aging, and smooth wrinkles in this serene salt cavern. A slow drizzle of brine-infused water droplets fill the air, simulating a natural salt cave micro-climate that is absolutely pure. The high content of sodium chloride cleanses and significantly reduces stress while promoting slow, deep breathing.



## **Crystal (Steam)** | 42°C

Swarovski crystal elements create an effect of infinite time and space as the aromatics of eucalyptus energize and uplift.



## **Herbal (Sauna)** | 60°C

Traditional beams of rustic wood imported from Europe combine with the woody aromatics of pine to create a sensation of being in the great outdoors. A basket filled with stones is heated and seamlessly maneuvered into a large copper basin of water, creating an impressive burst of steam. The resulting humidity and heat promotes the cleansing of lungs and provides a moisture surge for the skin.



### **Panorama (Sauna) | 80°C**

Beginning with a mild temperature of slow-rising calibration, the dry heat of this sauna calms the body while promoting balance and harmony of mind and spirit. Moderate temperatures assist the body in releasing tension and stimulating the glandular system while higher temperatures stimulate the body's circulatory system.



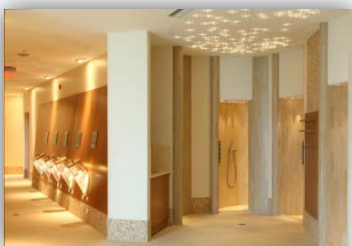
### **Finnish-Classic (Sauna) | 90°C**

This Finnish-classic sauna, with gently polished wood on walls and benches, is true to the European spa tradition. With the temperature between 80–110C and low 10% humidity, it is ideal for cleansing the skin and lungs. Once you are comfortably seated, allow your eyes to draw upwards to the ceiling to appreciate beautiful art inspired by Michelangelo.



### **Igloo | 10°C**

This treatment is recommended after using a sauna or steam to reduce the body temperature. The chilled white marble tiles and floor are glazed with Swarovski crystal lacquer. Crackling ice sounds fill the air while the invigorating scent of peppermint and eucalyptus awaken the senses. A fountain dispenser releases crushed ice into a large crystal-embedded bowl, inviting you to rub this exhilarating matter onto your skin to stimulate circulation and revitalize your spirit.



### **Experience Showers**

Slip within these shell-like showers and surround yourself with the primal pleasure of falling water. Conical shower heads stimulate the skin from many angles leaving you with a new-found surge of sensory and whole body awareness. Individual shower heads soothe your body while the starry cosmos of Swarovski crystal elements above, and in front, soothe your soul.

